Rising From the Ashes



Count: 32 Wall: 2 Level: Easy Intermediate

Choreographer: Anna-Maria Mejlon (SWE) & Annika Grubisic (SWE) - September 2023

Music: Break a Broken Heart - Andrew Lambrou



Intro: 16 counts after the beat starts, approx. 22 seconds in. Starting on "I miss your kiss.."

Stomp sweep step back sweep, step back sweep, behind 1/2 fwd step hitch run fwd x3, step back x2
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1-2	Stomp with R, sweep with L, step back with L sweep with R
3-4&	Step back with R sweep with L, step L behind R, step 1/8 to the right with R
5-6&	step fwd on L and do a hitch with R, step fwd on R, step fwd on L
7-8&	step fwd on R, step back on L, step back on R

Back hook, run x3 (facing 6 o clock), diamond step (facing 3 o clock) step turn 1/2

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1-2&	Step back on L with hook, step R,L
3-4&	step R (facing 6 o clock) sweep, cross L over R, step R to right side
5-6&	step back on L turning 1/8 to left side, step back on R, step L to left side turning 1/8
7-8&	step fwd on R, step fwd on L turning ½ to right side

Step side, behind turn 1/4 step fwd, step fwd, step turn step, triple full turn, ball step

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1-2&	Step L to left side, step R behind L, step fwd on L turning 1/4 to the left
3-4	Step fwd on R, step fwd on L
5&6	step fwd on R turning ½ to the left, (weight on L), step fwd on R
7&8&	step back on L turning $\frac{1}{2}$ to the right, step fwd on R turning $\frac{1}{2}$ to the right, step fwd on L, step
	fwd on R

Step sweep, diamond step, (facing 6 o clock) step fwd step turn 1/2 step back

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1-2&	Step fwd on L sweep with R, cross R over L step back on L turning ⅓ to the right
3-4&	step R to right side turning $\frac{1}{6}$ to the right, (facing 3 o clock) step L behind R, step R to right side turning $\frac{1}{6}$ to the right
5-6	step fwd on L turning 1/₂ to the right, step fwd on R,
7&8&	step fwd on L turning ½ to the right, (weight on R) step ½ with L, hold

This dance has 2 restarts with approx. 2 count hold

*The first one is on wall 2 after 13 counts facing 12 o clock. You do run run run and then cross, back, back hold... then start again :)

**The second one is on wall 5 after 9 counts, when you step back with the hook you hold... then start again :)

PS: You can find our Dance Demo on my Facebook page "Linedance by Mimmi" I hope you will like this dance as much as we do! :)